


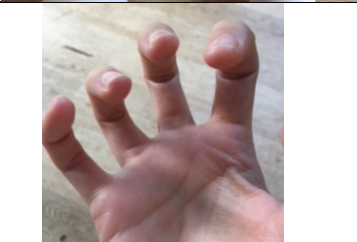



Handwriting Cool Down 2 Pictures

1.			Hand shakes
2.			Fists for 5 seconds with the writing hand
3.			Finger massage
4.			Finger hooks
5.			Palm press and rub (rub with textured ball for finger and hand massage if available)